## **HOW TO PRAY & WHAT TO SAY**

om namo bhagavate narasimhaya namas tejas-tejase aviravirbhava vajra-nakha vajra-dmastra karmasayan randhaya randhaya tamo grasa grasa om svaha; abhayam abhayam atamani bhuyistha om ksraum

"I offer my respectful obeisances unto Lord Nrsihmadeva, the source of all power. O my Lord who possess nails and teeth just like thunderbolts, kindly vanquish our demonlike desires for fruitive activity in this material world. Please appear in our hearts and drive away our ignorance so that by Your mercy we may become fearless in the struggle for existence in this material world"

- Srimad Bhagavatam 5.18.8

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